

Psummer in the Psalms Series 7

08.02.26

Psalm 56:1-7

“For the choir director: A psalm of David, regarding the time the Philistines seized him in Gath. To be sung to the tune “Dove on Distant Oaks.”

- 1 O God, have mercy on me,
for people are hounding me.
My foes attack me all day long.
- 2 I am constantly hounded by those who slander me, and many are
boldly attacking me.
- 3 **But when I am afraid,**
I will put my trust in You.
- 4 I praise God for what He has promised.
I trust in God, so why should I be afraid?
What can mere mortals do to me?
- 5 They are always twisting what I say;
they spend their days plotting to harm me.
- 6 They come together to spy on me—
watching my every step, eager to kill me.
- 7 Don't let them get away with their wickedness;
in Your anger, O God, bring them down.

Why did David write this Psalm? What was happening in his life?

1 Samuel 21:10-13

10 So David escaped from Saul and went to King Achish of Gath. 11 But the officers of Achish were unhappy about his being there. “Isn't this David, the king of the land?” they asked. “Isn't he the one the people honor with dances, singing, ‘Saul has killed his thousands, and David his ten thousands’?”

12 David heard these comments and was very afraid of what King Achish of Gath might do to him. 13 So he pretended to be insane, scratching on doors and drooling down his beard.

Was David's acting crazy clever or desperate?

Was David operating out of fear or faith?

1 Samuel 21:14-15

14 Finally, King Achish said to his men, "Must you bring me a madman? 15 We already have enough of them around here! Why should I let someone like this be my guest?"

1 Samuel 22:1

So David left Gath and escaped to the cave of Adullam. Soon his brothers and all his other relatives joined him there.

Psalms 56:3

But when I am afraid,

I will put my trust in You.

How should I react when I am afraid?

-Take In, Think On, Speak Out God's Word!

Isaiah 41:10

Don't be afraid, for I am with you.

Don't be discouraged, for I am your God.

I will strengthen you and help you.

I will hold you up with My victorious right hand.

Pray - Give all your worries and cares to God, for He cares about you. 1 Pet. 5:7

Trust - For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7

**See also, 1 John 4:4*

**You don't need to act crazy, or feel crazy because of fear!
Believer you can operate out of a sound mind always because of
Who's voice is in You!**

Psalm 56:8

You keep track of all my sorrows.

You have collected all my tears in Your bottle.

You have recorded each one in Your book.

Does God really keep track of my sorrows? Why?
What does God want me to know?

Matthew 10:29-31

29 What is the price of two sparrows—one copper coin? But not a single sparrow can fall to the ground without your Father knowing it. 30 And the very hairs on your head are all numbered. 31 So don't be afraid; you are more valuable to God than a whole flock of sparrows.

God knows your troubles and your fears and He cares!

Psalm 56:9a

My enemies will retreat when I call to You for help.

This I know: God is on my side!

**See also Psa. 118:6a*

How does having confidence in God help me live in faith rather than fear?