

Psummer in the Psalms Series 5

07.12.26

Psalm 42:1-11

1 As the deer longs for streams of water, so I long for You, O God. 2 I thirst for God, the living God. When can I go and stand before Him? 3 Day and night I have only tears for food, while my enemies continually taunt me, saying, "Where is this God of yours?" 4 My heart is breaking as I remember how it used to be: I walked among the crowds of worshipers, leading a great procession to the house of God, singing for joy and giving thanks amid the sound of a great celebration! 5 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and 6 my God! Now I am deeply discouraged, but I will remember You—even from distant Mount Hermon, the source of the Jordan, from the land of Mount Mizar. 7 I hear the tumult of the raging seas as Your waves and surging tides sweep over me. 8 But each day the Lord pours His unfailing love upon me, and through each night I sing His songs, praying to God who gives me life. 9 "O God my rock," I cry, "Why have You forgotten me? Why must I wander around in grief, oppressed by my enemies?" 10 Their taunts break my bones. They scoff, "Where is this God of yours?" 11 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and my God!

A longing for God...

Psalms 42:1

As the deer longs for streams of water, so I long for You, O God.

What does the deer long for in this verse? What does the Psalmist compare that to?

Psalm 42:2

I thirst for God, the living God. When can I go and stand before Him?

What does the Psalmist thirst for? *See John 7:37

Psalm 42:3

Day and night I have only tears for food, while my enemies continually taunt me, saying, "Where is this God of yours?"

Do you ever find yourself wondering where God is?

Psalm 42:5-6a

5 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and 6a my God! ...

Ps. 42:6b

Now I am deeply discouraged, but I will remember You—

How does the Psalm writer choose to deal with discouragement in verse 6 and 8?

Psalm 42:8

But each day the Lord pours His unfailing love upon me, and through each night I sing His songs, praying to God who gives me life.

Psalm 42:11

Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and my God!

The Psalm writer does not let his feelings keep him from the Truth, his worship and praise, nor His belief in God his Savior!

Psalm 43:3

Send out Your light and Your truth; let them guide me. Let them lead me to Your holy mountain, to the place where You live.

What is God's Light and Truth?

*See Isaiah 65:24; Hebrews 13:5; James 4:8; Lamentations 3:24-25